

## University of California Cooperative Extension – Central Sierra

### CENTRAL SIERRA VEGETABLE PLANTING DATES

In general, at lower elevations, cool season vegetables such as beets, carrots, and cabbage have two recommended growing seasons. They may be planted in the early spring when they can grow during the cool spring weather or in late summer when they can be grown during the cooler fall. At the higher elevations only one season is recommended. Warm season vegetables such as beans, corn, and squash should not be planted until the soil is warm and warm weather is ahead.

Plant	Below 2500' Elevation	Above 2500' Elevation
Artichoke	October-November	October-November
Asparagus	February-March-April	March-April
Beans, snap	April 1 to May 15 or July	May
Beets	March-April or August	April
Broccoli	Late July or August	March or April
Cabbage	February or July to August	March or April
Cantaloupes	May and early June	May-June
Carrots	March-April-May or August	-----
Cauliflower	July or August	-----
Celery	April, May or August	May
Chard, Swiss	March-April or August	March - May
Corn, sweet	April-May-June	April-May-June
Cucumber	May and June	May and June
Eggplant	April-May	April-May
Lettuce, leaf	February-March or August	March-April
Lettuce, head	August 1-15	----
Onions, dry	January-February-March	March-April
Parsnips	May or June	May or June
Peas	Dec-Jan or early February	February or March
Peppers	May	Late May
Potatoes, Irish	March-April to May 15	April-May
Potatoes, Sweet	May	May
Pumpkins	May and early June	May and June
Radishes	March-April-May or August	March-April-May
Rhubarb	January-February-March	March-April
Spinach	January or August	March-April
Squash, summer	May and June	May and June
Squash, winter	May and June	May and June
Tomatoes	May	May
Turnips	March or August	March

This information has been prepared by the FARM ADVISOR'S OFFICE and the MASTER GARDENER PROGRAM, UC COOPERATIVE EXTENSION, TUOLUMNE COUNTY  
52 N. Washington Street, Sonora, CA. (209) 533-5695; Master Gardener Hotline (209) 533-5912.

**We're on the web: <http://cecentralsierra.ucanr.org/>**

**The University of California, in accordance with applicable Federal and State law and University policy, does not discriminate on the basis of race, color, national origin, religion, sex, disability, age, medical condition (cancer-related), ancestry, marital status, citizenship, sexual orientation, or status as a Vietnam-era veteran or special disabled veteran. The University also prohibits sexual harassment. Inquiries regarding the University's nondiscrimination policies may be directed to Affirmative Action Director, University of**  
P:\Master Gardeners\MG Publications

**SPECIAL TABLE: How to plant and store your vegetables.**

Vegetable	W=warm season crop C=cool season crop	Moderate planting for family of four	Distance apart in a row	Distance apart between rows without beds	Recommended storage temperatures – degrees F	Storage period (number of weeks)
Artichoke <sup>3</sup>	C	3-4 plants	48"	60"	32	1-2
Asparagus <sup>3</sup>	C	30-40 plants	12"	60"	32	3-4
Beans, lima <sup>1</sup>	W	15-25 ft row	6"bush/24"pole	30"	40	1-3
Beans, snap <sup>1,2</sup>	W	15-25 ft row	3"bush/24"pole	30"	45-50	1-2
Beets <sup>1</sup>	C	10-15 ft row	2"	24"	32	3-10
Broccoli <sup>1,3</sup>	C	15-20 ft row	24"	36"	32	1-2
Brussels sprts <sup>3</sup>	C	15-20 ft row	24"	36"	32	3-4
Cabbage <sup>1,3</sup>	C	10-15 ft row	24"	36"	32	2-3
Cabbage,Chinese <sup>1</sup>	C	10-15 ft row	6"	30"	32	2-3
Cantaloupes	W	5-10 hills	48"	72"	40-45	2-4
Carrots <sup>1,2</sup>	C	20-30 ft row	2"	24"	32	16-20
Cauliflower <sup>3</sup>	C	10-15 plants	24"	36"	32	2-3
Celeriac	C	10-15 plants	4"	24"	32	8-16
Celery <sup>1,2</sup>	C	20-30 ft row	5"	24"	32	8-16
Chard <sup>1</sup>	C	3-4 plants30"	12"	30"	32	1-2
Chayote	W	1-2 plants	72"	Grow along	fence	
Chives <sup>1</sup>	C	1 clump	Needs 4 sq ft	---	---	---
Corn, sweet <sup>3</sup>	W	4 20-30ft rows	15"	36"	32	½-1
Cucumbers	W	6 plants	24"	48"	50	1-2
Eggplant <sup>3</sup>	W	4-6 plants	24"	36"	50	1-2
Endive <sup>1</sup>	C	10-15 ft row	10"	24"	32	2-3
Fennel	C	10-15 ft row	4"	30"	32	2-3
Garlic	C	10-20 ft row	3"	18"	32	24-32
Kohlrabi	C	10-15 ft row	3"	24"	32	2-4
Leek	C	10 ft row	2"	24"	32	4-12
Lettuce <sup>1</sup>	C	10-15 ft row	Head 12" Leaf 6"	24"	32	2-3
Mustard	C	10 ft row	8"	24"	32	1-2
Okra	W	10-20ft row	18"	36"	50	---
Onions	C	30-40 ft row	3"	24"	32	12-32
Parsley <sup>1</sup>	C	30-40 ft row	8"	24"	---	---
Parsnips	C	10-15 ft row	3"	24"	32	8-16
Peas	C	30-40 ft row	2"	36" bush 48" vine	32	1-2
Peppers <sup>1,3</sup>	W	5-10 plants	24"	36"	45-50	4-6
Potato, sweet <sup>3</sup>	W	50-100 ft row	12"	36"	55-60	8-24
Potato, white	C	50-100 ft row	12"	30"	40-50	12-20
Pumpkins	W	1-3 plants	48"	72"	55	8-24
Radish <sup>1,2</sup>	C	4 ft row	1"	18"	32	---
Rhubarb	C	2-3 plants	36"	48"	32	2-3
Rutabagas	C	10-15 ft row	3"	24"	32	8-16
Spinach <sup>1</sup>	C	10-20 ft row	3"	18"	32	1-2
Squash, summer	W	2-4 plants	24"	48"	40	2-3
Squash, winter	W	2-4 plants	48"	72"	55	8-24
Tomatoes <sup>1,3</sup>	W	10-20 plants	12"-18"	36"-48"	50	1-2
Turnips <sup>1</sup>	C	10-15 ft row	2"	24"	32	8-12
Watermelon	W	6 plants	60"	72"	40	2-3

Planting pointers - some vegetables in this chart carry numbers. This is your key to what those numbers mean:

1. Crops suggested for a small garden.
2. Crops which, in a suitable climate, should be planted more than once for continuous harvest.
3. Transplants used for field planting.
4. If grown in beds, plant two rows per bed with beds about 32-40 inches apart, and tops of beds 18 inches wide.